

# Massage Made Easy

**Sensual Massage**  
*Made Simple*

**GORDON INKELES**  
Author of *The Art of Sensual Massage*

**FEATURED**  
August, 2010

**ROMANTIC. SEXY. UNFORGETTABLE**

Beautiful sets and elegant jazz add to the film's intimate tone. Watching it, you almost feel like you are getting a sensual massage.

**RUNNER UP**  
**BEST ART DIRECTION**  
**FEATURE**

ACTION ON FILM  
INTERNATIONAL  
FILM FESTIVAL 2010

**WINNER**  
Documentary Feature  
**Award of Merit**  
Los Angeles Cinema  
Festival of Hollywood  
Summer  
**2010**

**75 MINUTES OF PLEASURE**

If Gordon Inkeles' best-selling books were appetizers, this film is a banquet, a sensual feast. It takes you step-by-step through a complete body massage lasting an hour or more. And you can start tonight.

All of the techniques in this film are easy-to-learn. To the executive massage offers a quick energy boost and a natural way to unwind. To the athlete it offers sensational muscle recovery rates, to the insomniac it brings peace. And to the lover, a new way of touching.

*Director*  
**GORDON INKELES**

*Cinematographer*  
**SCOTT HARRISON**

*Editor*  
**TAAVI TAIJALA**

*Art Director*  
**CLAIRE IRIS SCHENCKE**

Massage Made Easy Paperback March, One of the most complete massage books available, Massage Made Easy introduces the basic massage strokes and techniques and then provides 24 specific massage routines. Mario-Paul Cassar is a natural health practitioner and teacher. One of the most complete massage books available, Massage Made Easy introduces the basic massage strokes and techniques and then provides 24 specific. Massage Made Easy has 3 ratings and 0 reviews. The perfect introduction to a relaxing and enjoyable therapy that can be practiced alone or with a partner. 15 Dec - 5 min - Uploaded by The embodiment channel Easy massage techniques - Massage therapist Steve Lane demonstrates a number of simple. Simply put (some pun intended), Thai Massage Made Simple is the fastest and most effective way to learn how to give an incredible massage from scratch. A quick guide to sensual massage with an easy-to-learn step-by-step Beautiful photos and graphics throughout make the book as enjoyable to browse as it is. Part 1: What is Antenatal Perineal Massage (APM) and Why Should I Do It Before I Give Birth? The ancient practice of antenatal perineal massage (APM), which. "Relaxation Massage Made Easy!" is a thirty-seven minute instructional video featuring a nationally certified massage therapist demonstrating step by step, easy. The Q-Flex is a personal acupressure device or a flexible back massage device used to relieve stress and apply pressure to various pressure points on the. 'Complete Body Massage - Made Easy!' is a high quality, instructional DVD that shows you step-by-step exactly how to perform a safe and effective full-body. Get reviews, hours, directions, coupons and more for MASSAGE MADE EASY, WITH RAENEY ORTIZ CLMT at Northcrest Dr Apt , Midland, TX. Search . Learn to relax and relieve everyday aches and pains with these simple massage techniques. Massage routines for relieving problems such as backache and. Buy Massage Made Easy by Mario-Paul Cassar from Waterstones today! Click and Collect from your local Waterstones or get FREE UK delivery on orders over .21 Apr Thanks to Gordon Inkeles' time tested approach to massage instruction the Sensual. Top sport massage therapists teach how to improve flexibility, strength and coordination. Champaign, IL In Facilitated Stretching, iPad Version. ZenNow delivers certified, background checked & insured massage therapists right to your doorstep, office or anywhere using our on-demand and pre-timed. Personal Touch: Massage Made Easy (VHS) Personal Touch: Massage Made Easy (VHS). SKU: Out of Stock. When I told my family I was going to massage school, my sister laughed, explained Sonya Bernhardt, owner of Houston Massage By Sonya. She remembered. Foam rollers are great but they can't go as deep as a well-placed tennis ball can. However, the problem with tennis balls is that it's hard to get them at the right. apothecary-bottles.com - Buy Massage Made Easy book online at best prices in India on apothecary-bottles.com Read Massage Made Easy book reviews & author details and more at. Holiday Gift Giving Made Easy and From the Hart. A Holiday Deal You Don't Want to Miss. I don't know about you, but this time of year gets me. Buy Massage Made Easy by Joanna Trevelyan (ISBN: ) from Amazon's Book

Store. Everyday low prices and free delivery on eligible orders. Buy *Massage Made Easy* New edition by Mario-Paul Cassar (ISBN: ) from Amazon's Book Store. Everyday low prices and free delivery on. This is where self-massage tools come in, but with such a range to combat muscle ache from the comfort of your own home with an easy-to-use product and a soothing heated option make for the ultimate spa experience.

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